

19 400m Freestyle Men Final last heat

Official

Entries Heats Summary

Total 13 years 14 years 15 years 16-109 years

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Shanks Curtis	16	 Jasi Swim ...			4:19.88 Entry: 4:32.35 (-12.47)
	50m: 29.63	100m: 1:02.66 (33.03)	150m: 1:35.89 (33.23)			
	200m: 2:09.14 (33.25)	250m: 2:41.75 (32.61)	300m: 3:14.37 (32.62)			
	350m: 3:47.36 (32.99)	400m: 4:19.88 (32.52)				
2	 McNabb Finlay	16	 Blenheim S...			4:22.26 Entry: 4:28.08 (-5.82)
	50m: 29.58	100m: 1:01.79 (32.21)	150m: 1:34.77 (32.98)			
	200m: 2:08.22 (33.45)	250m: 2:41.71 (33.49)	300m: 3:15.37 (33.66)			
	350m: 3:48.87 (33.50)	400m: 4:22.26 (33.39)				
3	 Anson Lukas	16	 Selwyn Swi...			4:25.84 Entry: 4:35.31 (-9.47)
	50m: 30.16	100m: 1:03.13 (32.97)	150m: 1:36.70 (33.57)			
	200m: 2:10.94 (34.24)	250m: 2:44.52 (33.58)	300m: 3:18.51 (33.99)			
	350m: 3:52.65 (34.14)	400m: 4:25.84 (33.19)				
4	 Waters-Dawes Jayden	17	 Manurewa ...			4:26.19 Entry: 4:30.50 (-4.31)
	50m: 30.76	100m: 1:04.06 (33.30)	150m: 1:37.14 (33.08)			
	200m: 2:10.62 (33.48)	250m: 2:44.45 (33.83)	300m: 3:18.57 (34.12)			
	350m: 3:52.93 (34.36)	400m: 4:26.19 (33.26)				
5	 Handford Jack	16	 Coast Swi...			4:26.80 Entry: 4:32.48 (-5.68)
	50m: 31.28	100m: 1:05.76 (34.48)	150m: 1:39.57 (33.81)			
	200m: 2:13.36 (33.79)	250m: 2:46.56 (33.20)	300m: 3:20.46 (33.90)			
	350m: 3:53.96 (33.50)	400m: 4:26.80 (32.84)				
6	 Strachan Eric	15	 Oamaru Sw...			4:27.93 Entry: 4:32.48 (-4.55)
	50m: 29.84	100m: 1:03.04 (33.20)	150m: 1:37.55 (34.51)			
	200m: 2:12.05 (34.50)	250m: 2:46.72 (34.67)	300m: 3:20.84 (34.12)			
	350m: 3:55.01 (34.17)	400m: 4:27.93 (32.92)				
7	 Commerford Lucas	15	 Tawa Swim...			4:30.48 Entry: 4:42.93 (-12.45)
	50m: 29.31	100m: 1:02.71 (33.40)	150m: 1:37.81 (35.10)			
	200m: 2:12.70 (34.89)	250m: 2:47.05 (34.35)	300m: 3:21.58 (34.53)			
	350m: 3:56.35 (34.77)	400m: 4:30.48 (34.13)				
8	 Chapman Kain	15	 Waterhole ...			4:30.68 Entry: 4:39.16 (-8.48)
	50m: 29.36	100m: 1:02.10 (32.74)	150m: 1:37.04 (34.94)			
	200m: 2:11.27 (34.23)	250m: 2:46.45 (35.18)	300m: 3:21.50 (35.05)			
	350m: 3:56.49 (34.99)	400m: 4:30.68 (34.19)				
9	 Cross Sean	17	 Murihiku S...			4:31.13 Entry: 4:30.93 (+0.20)
	50m: 30.40	100m: 1:03.26 (32.86)	150m: 1:37.19 (33.93)			

200m: 2:11.77 (34.58) 250m: 2:46.48 (34.71) 300m: 3:21.22 (34.74)
350m: 3:56.92 (35.70) 400m: 4:31.13 (34.21)

10  **Freemantle Finn**

50m: 29.81
200m: 2:11.85 (34.78)
350m: 3:57.73 (35.07)

15  **St Paul's S...**

100m: 1:02.44 (32.63) 150m: 1:37.07 (34.63)
250m: 2:47.36 (35.51) 300m: 3:22.66 (35.30)
400m: 4:31.86 (34.13)

4:31.86
Entry: 4:39.21 (-7.35)

11  **Doidge Ethan**

50m: 30.57
200m: 2:13.11 (34.74)
350m: 3:58.23 (35.29)

17  **Papakura S...**

100m: 1:04.67 (34.10) 150m: 1:38.37 (33.70)
250m: 2:47.91 (34.80) 300m: 3:22.94 (35.03)
400m: 4:32.39 (34.16)

4:32.39
Entry: 4:37.35 (-4.96)

12  **McEwan Ryleigh**

50m: 30.05
200m: 2:14.03 (35.16)
350m: 3:59.49 (34.68)

15  **Mt Maunga...**

100m: 1:04.11 (34.06) 150m: 1:38.87 (34.76)
250m: 2:49.40 (35.37) 300m: 3:24.81 (35.41)
400m: 4:32.43 (32.94)

4:32.43
Entry: 4:41.31 (-8.88)

13  **Sims Vardan**

50m: 31.41
200m: 2:13.37 (34.90)
350m: 3:58.89 (36.20)

17  **Swim Timaru**

100m: 1:04.33 (32.92) 150m: 1:38.47 (34.14)
250m: 2:47.70 (34.33) 300m: 3:22.69 (34.99)
400m: 4:33.86 (34.97)

4:33.86
Entry: 4:33.08 (+0.78)

14  **Hewertson Toby**

50m: 30.15
200m: 2:16.53 (36.34)
350m: 4:01.71 (34.90)

16  **Kowhai Swi...**

100m: 1:04.85 (34.70) 150m: 1:40.19 (35.34)
250m: 2:51.54 (35.01) 300m: 3:26.81 (35.27)
400m: 4:34.52 (32.81)

4:34.52
Entry: 4:36.28 (-1.76)

15  **Narayan Ari**

50m: 30.96
200m: 2:16.29 (36.07)
350m: 4:00.53 (33.85)

14  **Hamilton Aq...**

100m: 1:04.67 (33.71) 150m: 1:40.22 (35.55)
250m: 2:51.37 (35.08) 300m: 3:26.68 (35.31)
400m: 4:35.02 (34.49)

4:35.02
Entry: 4:42.65 (-7.63)

16  **Yin Caleb**

50m: 30.50
200m: 2:15.96 (35.36)
350m: 4:01.31 (34.57)


14  **Mt Eden S...**

100m: 1:04.97 (34.47) 150m: 1:40.60 (35.63)
250m: 2:51.33 (35.37) 300m: 3:26.74 (35.41)
400m: 4:35.79 (34.48)

4:35.79
Entry: 4:36.18 (-0.39)

17  **Cave Thomas**

50m: 30.09
200m: 2:14.84 (35.93)
350m: 4:02.62 (36.25)

14  **Aquagym S...**

100m: 1:03.39 (33.30) 150m: 1:38.91 (35.52)
250m: 2:50.47 (35.63) 300m: 3:26.37 (35.90)
400m: 4:37.79 (35.17)

4:37.79
Entry: 4:40.65 (-2.86)


18  **Herbst Zandre**

50m: 30.35
200m: 2:17.19 (36.40)
350m: 4:04.54 (35.13)

13  **Whakatane...**

100m: 1:04.75 (34.40) 150m: 1:40.79 (36.04)
250m: 2:53.37 (36.18) 300m: 3:29.41 (36.04)
400m: 4:38.65 (34.11)

4:38.65
Entry: 4:50.67 (-12.02)

19  **Tremblay Corey**

50m: 30.93
200m: 2:15.38 (35.54)
350m: 4:03.94 (36.76)

16  **Nelson Sou...**

100m: 1:04.85 (33.92) 150m: 1:39.84 (34.99)
250m: 2:51.13 (35.75) 300m: 3:27.18 (36.05)
400m: 4:39.39 (35.45)

4:39.39
Entry: 4:34.56 (+4.83)

20	 Burford Samuel	16	 Wharenui S...	4:39.67 Entry: 4:36.63 (+3.04)
	50m: 30.95 200m: 2:17.42 (35.97) 350m: 4:05.71 (36.49)	100m: 1:05.68 (34.73) 250m: 2:53.24 (35.82) 400m: 4:39.67 (33.96)	150m: 1:41.45 (35.77) 300m: 3:29.22 (35.98)	
21	 Henderson Finn	15	 Queenstow...	4:40.03 Entry: 4:41.91 (-1.88)
	50m: 30.93 200m: 2:16.87 (35.85) 350m: 4:05.65 (37.19)	100m: 1:05.34 (34.41) 250m: 2:52.39 (35.52) 400m: 4:40.03 (34.38)	150m: 1:41.02 (35.68) 300m: 3:28.46 (36.07)	
22	 Lavigne Luca	14	 Tawa Swim...	4:40.06 Entry: 4:42.23 (-2.17)
	50m: 31.19 200m: 2:17.13 (36.25) 350m: 4:05.58 (36.20)	100m: 1:05.52 (34.33) 250m: 2:53.15 (36.02) 400m: 4:40.06 (34.48)	150m: 1:40.88 (35.36) 300m: 3:29.38 (36.23)	
23	 Anderson Thomas	15	 Swim Timaru	4:40.35 Entry: 4:38.89 (+1.46)
	50m: 31.00 200m: 2:15.41 (35.04) 350m: 4:00.07 (34.75)	100m: 1:05.27 (34.27) 250m: 2:50.49 (35.08) 400m: 4:40.35 (40.28)	150m: 1:40.37 (35.10) 300m: 3:25.32 (34.83)	
24	 Heap James	13	 St Paul's S...	4:40.38 Entry: 4:46.30 (-5.92)
	50m: 31.24 200m: 2:17.86 (35.83) 350m: 4:05.70 (36.40)	100m: 1:06.64 (35.40) 250m: 2:53.45 (35.59) 400m: 4:40.38 (34.68)	150m: 1:42.03 (35.39) 300m: 3:29.30 (35.85)	
25	 Webby Connor	14	 TBSS Cent...	4:40.67 Entry: 4:45.83 (-5.16)
	50m: 30.00 200m: 2:16.26 (36.28) 350m: 4:04.71 (36.38)	100m: 1:04.25 (34.25) 250m: 2:52.61 (36.35) 400m: 4:40.67 (35.96)	150m: 1:39.98 (35.73) 300m: 3:28.33 (35.72)	
26	 Shirreffs Lachlan	15	 Hamilton Aq...	4:41.22 Entry: 4:41.83 (-0.61)
	50m: 31.02 200m: 2:17.28 (36.27) 350m: 4:06.03 (36.10)	100m: 1:05.13 (34.11) 250m: 2:53.09 (35.81) 400m: 4:41.22 (35.19)	150m: 1:41.01 (35.88) 300m: 3:29.93 (36.84)	
27	 Pearson Zane	16	 Whakatane...	4:41.92 Entry: 4:36.24 (+5.68)
	50m: 30.59 200m: 2:18.55 (36.41) 350m: 4:06.94 (36.06)	100m: 1:05.24 (34.65) 250m: 2:54.47 (35.92) 400m: 4:41.92 (34.98)	150m: 1:42.14 (36.90) 300m: 3:30.88 (36.41)	
28	 Turetsky Daniel	14	 Porirua City...	4:42.78 Entry: 4:42.80 (-0.02)
	50m: 30.67 200m: 2:17.00 (36.15) 350m: 4:05.99 (36.30)	100m: 1:04.55 (33.88) 250m: 2:53.10 (36.10) 400m: 4:42.78 (36.79)	150m: 1:40.85 (36.30) 300m: 3:29.69 (36.59)	
29	 Calder-Kerr Maxwell	14	 Ice Breaker...	4:44.11 Entry: 4:45.86 (-1.75)
	50m: 30.18 200m: 2:17.65 (37.17) 350m: 4:07.43 (36.83)	100m: 1:04.28 (34.10) 250m: 2:54.19 (36.54) 400m: 4:44.11 (36.68)	150m: 1:40.48 (36.20) 300m: 3:30.60 (36.41)	
30	 MacDonald Jacob	13	 Hamilton Aq...	4:44.94 Entry: 4:52.52 (-7.58)

50m: 29.03 100m: 1:03.01 (33.98) 150m: 1:39.68 (36.67)
200m: 2:16.78 (37.10) 250m: 2:55.13 (38.35) 300m: 3:31.44 (36.31)
350m: 4:07.80 (36.36) 400m: 4:44.94 (37.14)


31  **Graham Jono**

14  **Selwyn Swi...**

4:47.22
Entry: 4:42.10 (+5.12)


50m: 31.90 100m: 1:05.95 (34.05) 150m: 1:41.91 (35.96)
200m: 2:18.53 (36.62) 250m: 2:55.69 (37.16) 300m: 3:33.33 (37.64)
350m: 4:11.01 (37.68) 400m: 4:47.22 (36.21)

32  **Sasamoto Kaeto**

13  **Enterprise ...**

4:47.30
Entry: 4:51.45 (-4.15)

50m: 32.29 100m: 1:08.69 (36.40) 150m: 1:44.70 (36.01)
200m: 2:21.87 (37.17) 250m: 2:58.70 (36.83) 300m: 3:35.54 (36.84)
350m: 4:11.91 (36.37) 400m: 4:47.30 (35.39)

33  **Tukia Simiosi**

14  **St Paul's S...**

4:49.13
Entry: 4:40.44 (+8.69)

50m: 29.90 100m: 150m: 1:40.90 (1:40.90)
200m: 2:19.12 (38.22) 250m: 2:56.79 (37.67) 300m:
350m: 4:13.15 (4:13.15) 400m: 4:49.13 (35.98)

34  **Norgate Charlie**

14  **Jasi Swim ...**

4:50.88
Entry: 4:44.09 (+6.79)

50m: 31.74 100m: 1:07.44 (35.70) 150m: 1:44.58 (37.14)
200m: 2:22.13 (37.55) 250m: 2:59.73 (37.60) 300m: 3:36.65 (36.92)
350m: 4:13.25 (36.60) 400m: 4:50.88 (37.63)

35  **Martin Lachlan**

13  **Liz van Wel...**

4:53.64
Entry: 4:49.24 (+4.40)

50m: 31.19 100m: 1:06.37 (35.18) 150m: 1:43.29 (36.92)
200m: 2:20.89 (37.60) 250m: 2:58.96 (38.07) 300m: 3:36.90 (37.94)
350m: 4:15.12 (38.22) 400m: 4:53.64 (38.52)

36  **Verran Quinn**

13  **Blenheim S...**

4:54.19
Entry: 4:57.06 (-2.87)

50m: 33.52 100m: 1:10.39 (36.87) 150m: 1:48.03 (37.64)
200m: 2:25.67 (37.64) 250m: 3:03.49 (37.82) 300m: 3:41.05 (37.56)
350m: 4:18.25 (37.20) 400m: 4:54.19 (35.94)

37  **Shivnan Samuel**

13  **Mt Maunga...**

4:55.78
Entry: 4:56.54 (-0.76)

50m: 33.48 100m: 1:10.78 (37.30) 150m: 1:49.11 (38.33)
200m: 2:27.01 (37.90) 250m: 3:05.17 (38.16) 300m: 3:42.33 (37.16)
350m: 4:19.79 (37.46) 400m: 4:55.78 (35.99)